



20th BAY AREA ROAD WARRIORS' RELAYS



MAY 20, 2023

(H) 832-932-5972

Clear Falls High School Track 4380 Village Way, League City, TX, 77573 (C) 832-978-5096

Board of Directors

Kevin Hollaway
Hyacinth Woods
Tadarell Woods

Directions: Take 45 South toward Galveston to Texas FM96 League City Parkway (Exit 22) Turn left under

freeway and go 5 miles to Lawrence Road, (9 lights), Turn right Go straight, and the track is on the left.

ATHLETES PRE - REGISTRATION & PAYMENT ON COACHO.COM-\$10.00. NO REFUNDS. NO WALK UPS

COACHO.COM COACHES/SPECTATOR BANDS \$10.00 Purchase on Ticket Leaf NO REFUNDS. NO

EXCHANGE Entry Limit: 1200 Paid Athletes

Primary thru Midget 3 Events; Sub-Youth & Up 4 Events

COACH O ONLINE REGISTRATION. CLOSES: May 17th, 2023, 12: 00 NOON CT NO REFUNDS, OR EXCHANGE

Gate Opens 7:00AM Team Packets can be picked up at the gate UNDER 4 YEARS OLD (NON-COMPETING)

Coaches Bands Info- 1 free band for 1-9 registered athletes. 3 free bands for 10-19 registered athletes

5 free bands for 20-39 registered athletes. 6 free bands for 40-69 registered athletes. 10 free bands for 70 & over registered athletes.

IN-PERSON PURCHASE: COACHES AND SPECTAOR BANDS AT THE GATE: \$12.00 NO-REFUNDS. NO EXCHANGE.

May 18th, Early packet pickup. Athletes Coaches & Spectators: 9AM – 6PM 2211 Apache Crossing, League City,77573.

Meet Starts at 8:30AM RUNNING & FIELDS Coaches Meeting at 8:15AM (Meet will be hand timed)

Awards Individual Medals to be awarded for 1st. thru 3rd place, all age groups.

Ribbons for 4th through 6th place finishers. Ribbons for all Primary Participants

8:15AM START ROLLING SCHEDULE PARTICIPANTS

RUNNING EVENTS:

- 1500m Run.....(8u-10) Primary thru Bantam
- 400m Hurdles..... (15-16) Intermediate & Up
- 200m Hurdles..... (13-14) Sub-Youth & Youth (Boys & Girls)
- 3000m Run (11-18) Sub-Midget & Up 8:30
- 800m Run..... (8u-12) Primary thru Midget
- 80, 100, 110-meter Hurdles.....(11-18) Sub-Midget & Up
- Kids 40m Dash.....5 & Under (Non-Competing, No Uniform)**
- 100m Dash..... (8u -17-18) Primary & Up (Run on both sides of the track)
- 400m Dash..... (13-18) Sub-Youth & up
- 4 X 100m Relay..... (8u-18) Primary & Up
- 200m Dash... (8u-12) Primary thru Midget
- 1500 Race-Walk..... (9-18) Sub-Bantam & Up
- 4 X 400m Relay (9-18) Sub-Bantam & Up

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Field Events 8:30 AM-Athletes MUST provide their own implements.

3 attempts in all field events, (ALL Finals)

- High Jump..... (18-9) YM & YW to Sub-Bantam (Oldest to Youngest) 8:30AM**
- Long Jump..... (8u-18) Primary & UP (Youngest to Oldest) 8:30AM**
- Shotput.....(8u-18) Primary & Up (Youngest to Oldest) 8:30AM**
- Discus (18-11) Young men to Sub-Midget (Oldest to Youngest) 8:30AM**
- Turbo Javelin... (8u-12) Primary-Midgets (Youngest to Oldest) 10:00AM**
- Javelin... After the Turbo Jav. (13-18) Sub Youth & Up**

Divisions Year of Birth Age as of December 31st 2023 Divisions Year of Birth

8 & Under 2015 (Primary)	12-Year-Old 2011 (Midget)
9 Year Old 2014 (Sub-Bantam)	13-Year-Old 2010 (Sub-Youth),
10 Year Old 2013 (Bantam)	14-Year-Old 2009 (Youth)
11 Year Old 2012 (Sub-Midget)	15–16 Year Old's 2007– 2008 (Intermediate)
	17-18 Year Old's 2005– 2006 (Young Men/Women)

1/8 spikes or flats only on the track. Restrooms, Light Concession and Food Trucks Available

Parents, Coaches or Athletes NOT allowed on the infield

PLEASE KEEP YOUR AREA CLEAN

1 Athletes MUST register and pay in COACH O

2. All participating and competing Athletes, Coaches, and Officials must be registered AAU members.

3. All team must register athletes using COACH O or other meet Management system with AAU membership verification capability.

4. No Walk-UP" or Non-AAU-registered Athlete participation will be allowed.

- *This event is licensed by the Amateur Athletic Union of the U. S., Inc.*
- *All participants must have a current AAU membership.*
- *AAU membership may not be included as part of the entry fee to the event.*
- *AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non-Athlete membership are no longer instant and cannot be applied for at the event. Please allow 10 days for membership to be processed.*
- *Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.*